

How to Prevent Kidney Stones?

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Dr. Raghavendra Pradeep shares tips on How to Prevent Kidney Stones: Drink plenty of water, limit salt, and avoid excess protein. Small lifestyle changes can keep your kidneys healthy and stone-free!

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1 - Dr. Raghavendra Pradeep: Leading Kidney Specialist

Expertise in Urology & Kidney Care:

Dr. Pradeep specializes in the diagnosis and treatment of a wide range of urological conditions, including kidney stones, prostate disorders, urological cancers, and reconstructive surgeries. His work also extends to managing advanced cases of chronic kidney disease, end-stage renal disease (ESRD), and dialysis. Under his supervision, patients receive high-quality treatment that combines clinical precision with compassionate care.

The Department of Urology and Nephrology, led by Dr. Pradeep, is equipped with cutting-edge facilities such as RIRS (Retrograde Intrarenal Surgery), laparoscopic urological surgeries, and kidney transplantation services. The dialysis unit, maintained to international standards, provides consistent, safe, and effective care for patients requiring long-term renal support.